

# **THE CORE SOLUTION REPORT**

**Discover the ROOT CAUSE of all your life frustrations and learn  
powerful techniques to QUICKLY and EASILY eliminate the  
ROOT CAUSE such totally transform your life**

By Song Chengxiang

Dear friend,

This report is intended to help you clear that double why most self improvement programs never work, and why we have been working so hard to achieve the SUCCESS in life, but ...

**There is seemingly always something that eludes us,  
we just can't seem to make that breakthrough.**

This is a FREE report, but the information and ideas presented in it is in my opinion INVALUABLE. These simple but profound ideas are going to change your life just as they have completely changed mine.

I want you keep an open mind while trying these ideas, and do what I instruct you to do, because this is maybe your once in a life-time opportunity to change your life completely. Don't let the simplicity of these ideas fool you, try them and you will know how powerful they are.

The following are some of the common frustrations that people told me they have in their life. Before we start, just take a few minutes to consider the following statements, see if they sound familiar to you...

*"My biggest frustration in life is not having enough money to pay all my bills and have some leftover for fun, savings, investing and living the life of my dreams."*

*"I still haven't been able to attract economic abundance in my life, I'm still struggling"*

*"I have all of these good ideas that I could make money with, but when it comes time to do something with them, I freeze. I have no idea why. It is driving me crazy."*

*"I work far too many hours and am not able to enjoy life"*

*"I lost my job, unable to pay my bills, etc"*

*"Apparently I'm stuck in a job that I abhor"*

*"Even though I tried very hard to lose fat around my waistline, the results are not according to my expectations"*

*"I will lose weight but always gain it again"*

*“I would like to be in a wonderful, very happy romantic relationship but can't seem to find that.”*

*“That I can't seem to attract the type of person I desire...young, sexy and totally into me”*

*“I'm so scattered and can not focus. I have too many details to attend to and not enough time. I have difficulty with following through projects that are important to me.”*

*“I am overwhelmed with all the new, interesting information, practices and ideas”*

*“My aspirations for accomplishments in life were too big and somehow my lack of confidence in myself got in my way”*

*“I tried all I know to make my life better, but it does not seem to be working”*

If any of the above statements sounds like you, don't worry, you are not alone. These are what most people have been struggling with. AND I promise by the end of this report, you should have a clear picture why this is so, and why these are all just illusions that keep you unaware of your fundamental CORE PROBLEMS.

I assure you that your real CORE PROBLEMS are none of the ones mentioned above. These are simply symptoms that are caused by your CORE PROBLEMS. But most people don't realize that, so they spend all their time and effort to eliminate these symptoms, and they find in the end that more frustrating symptoms come up one after another.

If you've got a headache that is caused by an old disease, you go to the doctor, and he/she gives you some drugs to cure the headache. Do you think the same headache will come up again?

Definitely, because the fundamental cause of the headache remains unchanged...

### **The same symptoms will come up again and again**

The same principle applies to all the above frustrations you just read. But people are making the same mistake again and again by going to a doctor for the headache instead of the root cause of their headache...

For instance, when they want money to help them solve their financial problems,

they go to the money-making, wealth building seminars with the hope that they will FINALLY find the secrets to attract more money and abundance into their life. So they attended the seminar, collected a bunch of PROVEN money making ideas and come out feeling so excited, but months or even weeks later they find themselves still in the same place, non of these ideas have worked for them. It is not because these ideas do not work, but because they always find some reason or excuse not to implement these ideas. So ideas still remain as ideas, and their life still has not changed. This is because...

### **They have been treating “symptoms” rather than the “causes”**

Their financial problems are not caused by their lack of money making ideas, but something deeper and more fundamental. Keep reading to find it out...☺

Let’s take another example, when someone has a relationship problem, either they want to find a better relationship or to make their existing relationship work, the first thing they think of is to buy a book or attend a seminar on relationship building. Sure enough, they go to study every little trick and strategy to make their relationship better, and they put enormous efforts to practice these strategies, but they will always find no matter how hard they practice, they can never do it naturally. It is not because these things don’t work, but because of something inside which is the fundamental cause of the relationship symptoms must change first.

Can you relate these examples to yourself? Are you making the same kind of mistakes?

I don’t know about you...but I DID make the same mistake again and again.

### **Let me tell you a little story of mine...**

I started this SUCCESS chasing game many years ago when I was still studying in university. At that time, I was living on scholarship. I was given \$500 Singapore dollars per month. I would save every penny to buy air-tickets at the end of year to visit my parents in China. At that time, airfare was my biggest expense every year. You can imagine my biggest dream was having a lot of money to buy anything I want.

Then I started chasing every opportunity to make money. All of sudden, all these money-making opportunities flooded into my life. If there is any evidence that the now popular self-help concept law of attraction works, this must have been a good one. On a number of occasions, even on the street or on the subway trains, I met people wearing neat suits inviting me to those free money-making opportunity presentation seminars. I had no idea why I was so “LUCKY” to be attracted to all those wonderful opportunities.

The presenters told me their own stories about how they started from scratch and now make a six-figure per month PASSIVE income. Yes, I guess that was a word that sounded so compelling to me back then.

PASSIVE INCOME. What a brilliant idea!

And I was told I could work part-time. That was another compelling idea to me as I was studying and did not have so much time. I was also told an even better idea that they will give me all kinds of support from the “LEADERS”, as the more money I make, the more they would make. That made absolute sense to me. But what sounded most attractive to me was that their top leader was a NO.1 bestselling author, and money-making GURU who had helped many people become multimillionaires. If I join their group, I would get help from this GURU himself.

What a fantastic opportunity! All I would have to pay was a \$60 membership fee to get started. I think by now you have already recognized what kind of opportunity I am talking about. Yes, that was one of a few network marketing companies I joined when I was in my university. I guess you know the end of the story, I never made ANY one of these businesses work. All I did was spend what little savings I had to buy their expensive products.

So what was the problem? Are these opportunities not good? Were these people lying to me when they said they were making six-figure per month?

No! Even today, I still think that the few opportunities that I took were great. And I still believe people can make a lot of money from those opportunities.

BUT they were not for me. I did not realize that the cause of my problem was not the lack of money-making opportunities, but something deeper and more fundamental inside me.

I did not know what that was...

### **So I continued searching for the answer...**

And I was then attracted to these GURU things. I was convinced that as long as I do what the self-help gurus do, I would achieve the same results that they achieved. They must know something that I don't know. They must have the SECRET.

Guess what? The opportunities came. Another proof of law of attraction. ☺

One of the world's top self-help gurus came to a neighboring country for a four-day seminar. WOW, that's a fantastic opportunity. I felt I must attend the seminar. I went to the introductory talk given by the organizer in Singapore, and found out that

the ticket was more than \$1,000, and I need a few hundred dollars more for accommodation and transportation. That was a LOT of money for me back then, a few months of scholarship. I don't remember what made me to take the action, but I did attend the seminar.

It was fantastic! The guru did know the SECRETS. I learned so many exciting ideas that I had never heard before. These must be the secrets, and as long as I implemented these strategies in my life, I will finally make it. Wow! That's exciting by merely thinking about it.

Fast forward a few months, I guess you know the result, I was still where I used to be. All those fantastic strategies became non-attractive to me. I gave myself excuses not to implement them. I said to myself words like... "I tried they don't work." "They won't work for me because of my special circumstances." Then I moved on to chase after another guru who was even more successful and as such must know some better and more powerful strategies.

### **I was trapped in this guru game for many years.**

I went to one seminar after another and bought one program after another hoping to find the secret. I did not know the reason that I could not make the gurus strategies work is not because that they don't work, but because there is something deeper and more fundamental in me that must change first.

I hope you find my stories relevant. I believe most people are still making the same mistakes that I made.

### **But... what is that fundamental cause of our problems in life?**

My story did not end there. In the next few years after that, my life gradually changed. I started making progress; things that I had always wanted started to show up in my life. And I started making some money on the internet.

Fast forward to today, my life has become so much better. In the academic area, I received my Ph.D degree, which is something that I always wanted. In the financial area, my online business grows bigger and bigger, and I don't have to go to work for another day. In fact, the part-time online business that I built up when I was doing my Ph.D in the university generated enough revenue to give me the freedom of not having to work for a job after graduation.

I don't claim that I have everything I want in life, I still have my goals and desires, but my life has become so much easier. Now I only work when I want to, and I have so much more spare time to spend with my family. I have so much free time to read the books that I love, and learn new skills that I always wanted to but could not

find any time for.

I am telling you this just to show you what kind of changes you can expect when you start to see the root cause of your problems and when you really start to treat the causes instead of symptoms. My life would have never changed if I did not start to work on that fundamental cause, the root of all problems.

But before I tell you what that root cause is,

### **Let's do a detailed analysis of our problems in life.**

Imagine the following scenario: Bob is a 52 year old man working on a job that he hates for many years with a minimum salary that barely makes ends meet. He always finds himself not having enough money to pay his monthly bills. He's divorced and has been living alone for the past 10 years, he wanted to have a loving and fulfilling relationship, but can't find one. He eats a lot because he has an emotional eating habit. He's been overweight for many years, he worked hard to lose weight but always gains it back. When he is working, he finds himself suffering from a lack of energy and can't focus on the things he wants to accomplish. Let's imagine what kind of problems the Bob has in his life.

	Bob's Problems
1	Being stuck in a job that he hates
2	Not having enough money to pay all his monthly bills
3	Lack of focus and mental discipline
4	Lack of energy
5	Loses weight but always gains it back
6	Emotional eating habit
7	Does not have a happy fulfilled love relationship

These are just some typical problems that people find in their finance, relationships and health. As I said none of these problems are the real problem, they are simply the symptoms that are caused by something deeper. And we are going to find out what that fundamental root cause is. If you examine these symptoms deeply, you will notice that these they are not independent,

### **They are ALWAYS connected by some kind of cause-effect relationship**

Let's see if we can find any cause-effect relationship here. I think the most obvious one is No.5 and No. 6. Bob's emotional eating habit is probably the cause of the effect that he loses weight but always gains it back. But in order to find the deeper cause, we should ask what the cause of his emotional eating habit is. One possible cause that I can think of is that he probably could not cope well with the stresses from his work and life. This is not one of the 7 problems on our list. For the purpose of this

discussion, let's call it an intermediate effect. Let's dig deeper to see what the possible cause of this intermediate effect is. Look at the list again, you will immediately realize that it is probably caused by the No. 4 symptom—lack of energy. When you continue to ask what the cause of that is, you will find it is probably because he hates his job and gets stuck in it. And being stuck in his job is caused by his feeling of not capable of finding a better job or starting his own business. That's another intermediate effect. What is the cause of that? This will lead us to ...

### **The root of all problems--- INADEQUATE SELF IMAGE.**

What I just described in the last paragraph is a chain of cause and effect. You might get lost, but it will become immediately obvious when you see my figure in the next page. The figure is a current reality tree (a thinking process developed by business genius Eliyahu M. Goldratt) which is used for graphically representing the current reality of a system, in our case, Bob's life. The arrows represent the cause and effect relationships. The current reality tree should be read from bottom up, and the lowest entry point is the root cause of all symptoms above

Read the cause and effect relationships in the current reality tree, see if they are sound to you. This is just an example. If you like, I would like to invite you to use the same steps that I just used to create your own current reality tree. Let's review the steps for using a Current Reality Tree to analyze your own life situations:

1. You list all the problems or frustrations in your life
2. You look for obvious cause and effect relationships among your problems, and connect them with an arrow.
3. Keep asking what the causes of the problems are, and add new entities to your tree if necessary.
4. Keep digging deeper until you find the root cause.

This process alone is revolutionary. It is a very powerful thinking tool that you can use to gain so much clarity about any of your life situations. You can literally apply this thinking process to any area of your life. The more you use it, the more clarity you will gain. But for the purpose of this report, I just want you make an analysis of the general problems in your life. If you do it, You will inevitably come out with the same conclusion...

### **The ROOT CAUSE of all your problems and frustrations is your INADEQUATE SELF IMAGE (ISI).**

ISI is the feeling of inadequacy that you formed by the age of five or six years old. It is one of the first things formed in your life. It has a lasting effect on your failure or success. It plays a more important role than any other single factor.

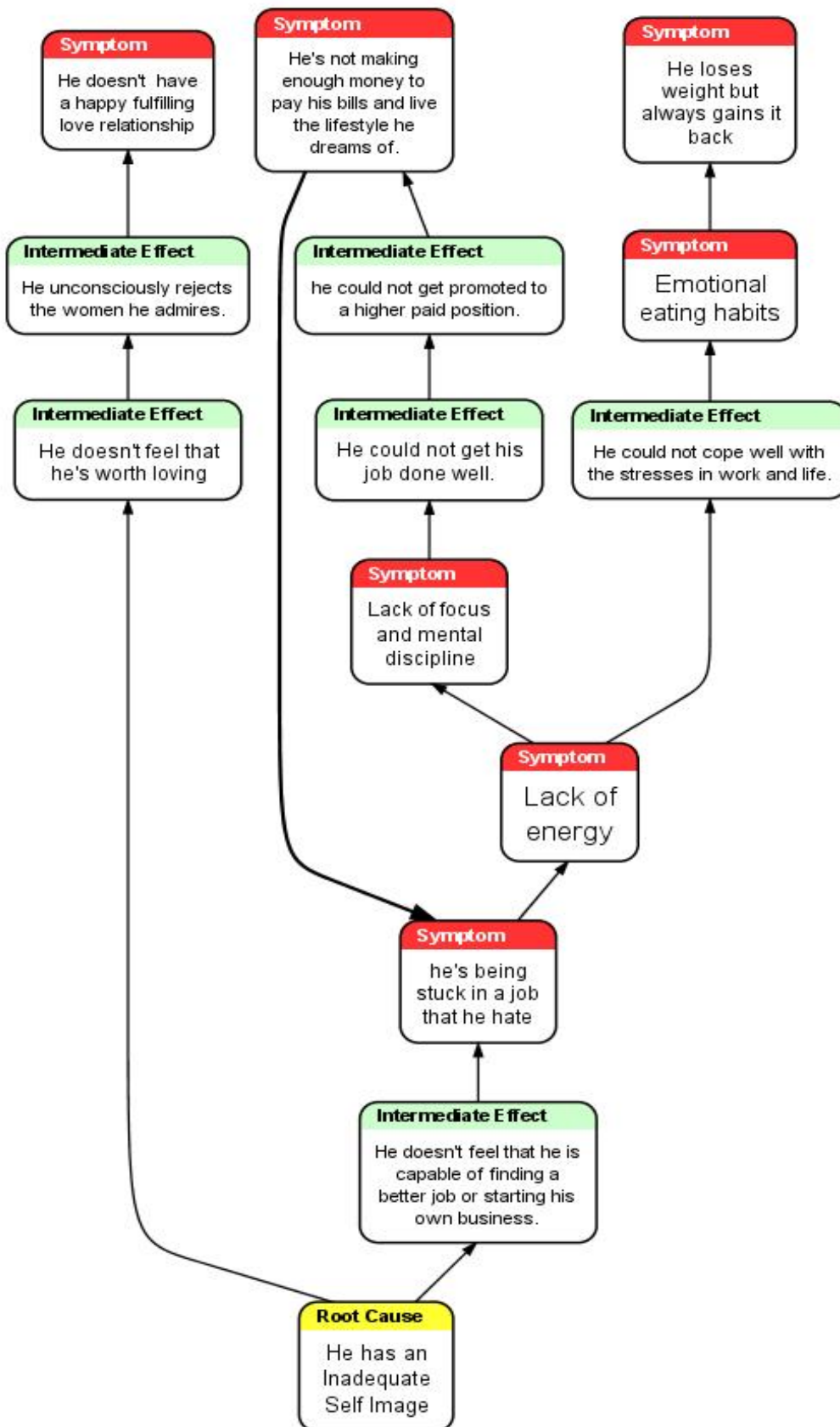


Fig.1. Current Reality Tree of Bob's Life

It's said that average people use less than 10% of their total potential. What do you think is limiting us from achieving our full potential? It is the INEDAQUATE SELF IMAGE that we formed at early age. Think about the mess you could make of even the simplest tasks assigned to you today with the self image of a six-year old.

Our ISI is formed in the first few years of our life from the CONDITIONING we received from our parents and others around us. It is those "do's and don'ts" that we were told at an early age. Many of those "conditionings" are very helpful as they helped us forme supporting habits that make our life very easy, such as tying our shoes, using a fork and spoon. BUT many of our conditioned learnings are very destructive. They give us a feeling of inadequacy that lasts for years. And...

**We are conditioned into believing that we are "no good" at certain kinds of activities.**

As long as we keep that ISI, we will NEVER reach our full potential, and NEVER create the life-long success that we have always wanted. HOWEVER, the good news is that your ISI can be changed. The fact that you have read so far already proves that you are above average. You are interested in making your life a bigger success, and finally make that BREAKTHROUGH in life. And I will tell you exactly what you need to do to change that ISI. But before that, let's take a look what kind of impact you could have after you change your ISI. Let's again take the example of Bob's life.

Imagine Bob read this report and he took a few of the strategies that I am going to share with you and practiced them. He may even want to SPEED UP this process of changing his ISI 10 times or more, so he uses the powerful new tool developed by the world top brainwave entrainment expert Morry Zelcovitch, which I am going to share with you in a minute too. What do you think his life will look like years later, or months later, or even weeks later? Bob will look like a completely new person.

The figure on the following page is a FUTURE-REALITY-TREE, representing the future reality of Bob's life after he has changed his self image using the strategies and the new tool that I am going to share with you.

Read the future reality tree of Bob from bottom up, and see if the cause and effect relationships are sound to you. Most importantly, see what kind of life that Bob is living now. He's now making enough money to pay all his monthly bills, and live the lifestyle that he dreamed of. He's lost his weight and never gained it back. He's now in a happy, fulfilling and loving relationship.

**All these wonderful things come because he changed his inadequate self image.**

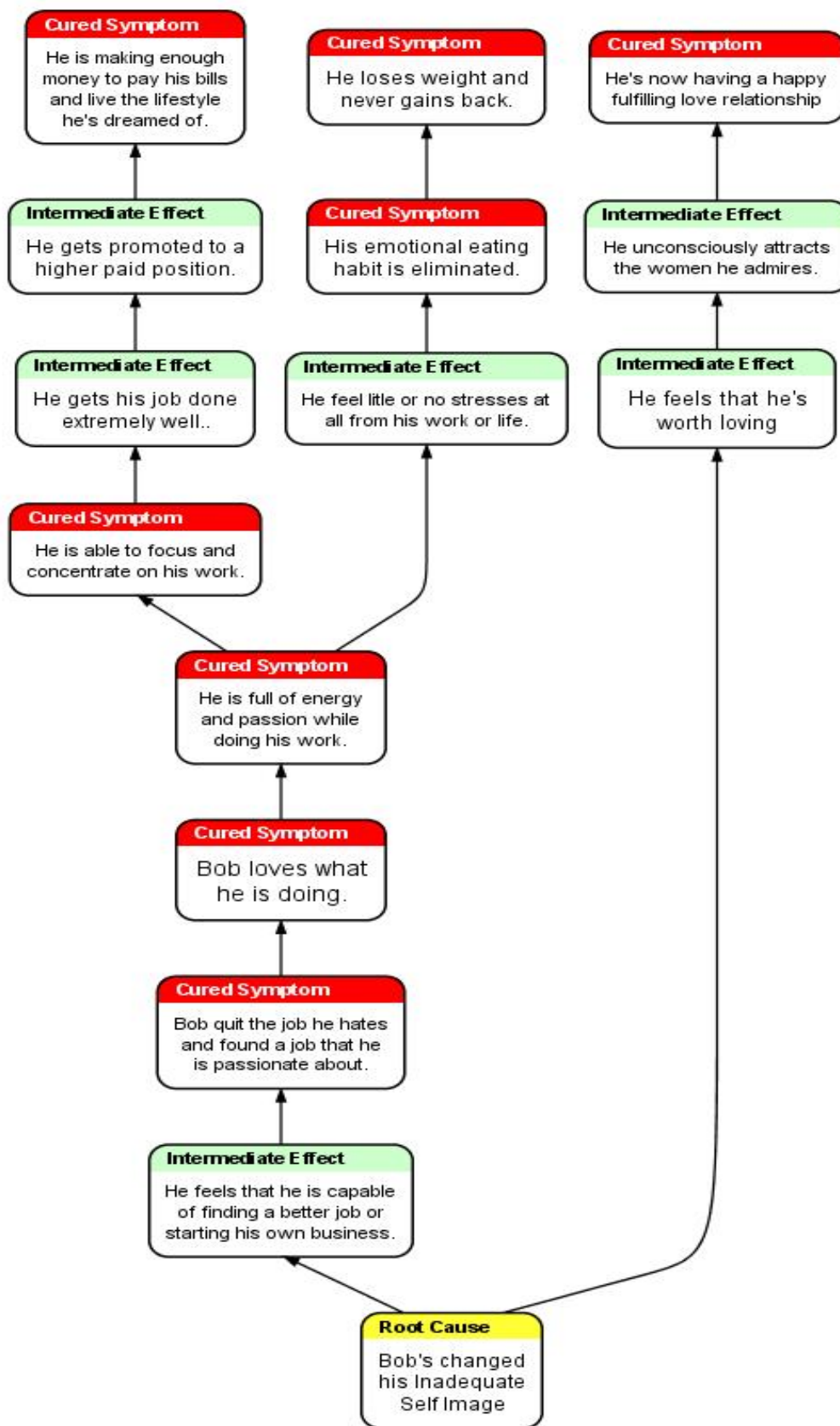


Fig.2. Future Reality Tree of Bob's Life

Now if you like, I would like to invite you to create a future reality tree of your own and see what kind of life you will be living once you have changed your ISI. You will be amazed. ☺

Now I am going to share with you some strategies that you can use to change your self image. They are going to have enormous impacts on your life if you apply them. The two strategies that I am going to share with you are some of the best things that I have learned in my entire life so far. They really CAN change your life. I want to emphasize their effectiveness is because most people don't think they can get much value out of a FREE report. But I promise you that as long as you practice what I am going to tell you...

**you will get more value out of this report than what you can get from those \$5,000 GURU seminars.**

I learned both of these strategies from a man that I really admire, Joe Karbo. The book of his that I read is already out-printed, it was published in 1970s. The two strategies are "DAILY DECLARATION" and "SUPER SUGGESTION". Let's get right into these

**Two of the most powerful strategies for changing your Inadequate Self Image and life your fullest potential**

### **DAILY DECLARATION**

The reason that we have an inadequate self image is because of our past conditionings, we have a feeling that we are no-good, and we are not worth of the things that we desire. What "daily declaration" does is to give you new conditioning of self-worth and condition yourself to believe what you want can be yours. This is similar to affirmation, but much more powerful and much more effective. Here are the steps to help you setup your own daily declarations.

#### **STEP ONE: List every thing that you need**

Suggestions:

- New furniture
- Bills paid
- Medical insurance
- New suit

Write down everything you need in the space provided below

I Need:

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**STEP TWO: List every thing that you want**

Suggestions:

- \$1,000,000 in the bank
- A \$500,000 house
- Rolls Royce
- 6 month trip around the world

Write down everything you want in the space provided below. REMEMBER: DON'T limit yourself, write EVERYTHING that you truly want.

I Want:

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**STEP THREE: List the personal qualities you need or want**

Suggestions:

- Ability to concentrate
- Ability to finish what I start
- Creativity
- To be friendly to others
- Personal confidence

Write down every personal quality that you need or want in the space provided below

I Need or Want:

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**STEP FOUR: Turn lists into goals**

Write all your three lists in the form of goals. Here is Joe Karbo’s check list for writing goals.

1. Do you really want it?
2. Does this goal contradict any other goal I am setting?
3. Any problem with goal cooperation? (would your family be against your goals)
4. Is it positive rather than negative?
5. Is it expressed in total detail?
6. Is it realistic?
7. Is this goal high enough?
8. Am I including the personality factors necessary to goal achievement?
9. Is each goal stated as though already accomplished?

Use this checklist to help you write your goals. Your possible goals will look like

Tangible goal: I live in a \$500,000 house.

Intangible goal: I am calm and cheerful, I share my inner peace and happiness with others.

Then you are ready for “Daily Declaration”

**Each morning:**

1. Immediately upon awakening, read your list of goals as you prepared. READ ALOUD, if this is not possible, then move your lips as you read silently. This is IMPORTANT.
2. After reading each goal, pause, and visualize in your mind your goals already accomplished.

### **Each evening:**

Just before you go to sleep, repeat the morning process.

That is all you need to do to use the daily declaration to change your self image. As an added bonus, all the goals that you have written down for your daily declaration will come true.

### **CAUTIONS:**

1. Don't tell anyone about your goals. The minute you start telling others, the energy that you've build up is gone.
2. You must do it daily, if you miss a day, the effectiveness will drop dramatically.

Let's move on to the second strategy for changing your Inadequate Self Image.

### **SUPER SUGGESTION:**

**A WORD OF CAUTION:** The super suggestion technique can only be applied to your intangible goals, and CANNOT be applied to tangible goals. The reason is that this technique works at the lower level of consciousness, if the subconscious mind is conditioned to believe that your have already had your dream house, dream cars, etc, it will stop helping you to achieve that.

Before you do the super suggestion, you will need to go to a lower level of consciousness. Here is what you do...

Sit in a comfortable position (don't lie down, because you will easily fall asleep), scan your body from head to toe. Feel your muscles relaxing as you scan each part. As you feel yourself become quieter, and more relaxed, start count from 1 to 20. Feel yourself go deeper into the relaxed state, and once you reach 20, you will be in the state that you want to be.

That's how you prepare yourself into the lower level of consciousness. Here are the steps for super suggestion.

1. Take one intangible goal from your daily declaration goal list. Intangible goals are those regarding to your basic personality or character qualities, such as the ability to concentrate, the ability to read faster etc. Choose ONE goal only! To maximize the effectiveness of super suggestion, you should work on one intangible goal only until it is attained. You'll be surprised how fast you can accomplish that.
2. Take one or two keywords from your goal statement that you choose. You will use the keywords instead of the whole statement while you are in the

lower state of consciousness, so that you don't have to commit the entire statement into memory.

3. Read your entire goal statement
4. Go to the lower level of consciousness using the method I just described.
5. Repeat the keywords several times.
6. Come back to the normal state by counting from 20 to 1. When you reach 1, tell yourself you feel fully awake, totally alert.

**NOTE:** Both daily declaration and super suggestion must be carried out each day. Daily declaration is for both tangible goals and intangible goals. Super suggestion is for intangible goals only. Daily declaration should be done every morning and evening, and as many times as you want throughout the day. Super suggestion needs only be done once a day, suggested time is before lunchtime. And with super suggestion, you work on ONE goal at a time.

*By now, I am done with my original intention of writing this report, which is helping you see clearly what the root cause of your life frustrations is and let you know how to eliminate the root cause.*

I sincerely hope that you can put these strategies into practice, and you will be amazed how much impact they can bring into your life.

**Before I finish this report, I would like to introduce you a new tool that can easily make the process of changing your inadequate self image TEN TIMES FASTER!**

You probably know that I have been working with the worlds top brainwave entrainment expert Morry Zelcovitch for many years. As a brain scientist, Morry always has had the passion to use his specialized knowledge to help others live the fulfilling life that they desire and deserve.

*Morry has spent the past THREE YEARS developing a powerful new system (a package of totally 10CDs) that can change your self image without any effort on your part, all you need to do is to plug in your headphones and listen to Morry's specially designed CDs to help you change your Inadequate Self Image. The best part is that it requires little or no self-discipline.* And if you take my advice to use the daily declaration and super suggestion technique, Morry's new program will easily make these techniques 10 times more effective.

This new breakthrough system called Quantum Confidence with The Morry Method will be released on **Tuesday, Oct 6 at 11:00 AM Eastern Time.**

Limited copies are available. First-come, first-served!

If you're interested in getting your hands on this amazing system, I strongly urge you get on our Early-Bird Notification list immediately.

Doing so won't obligate you to buy the system, but you will get ADVANCE notice with a special early-bird link hours before the site officially goes live, therefore increase your chance of getting a copy if you want it.

**[Click Here Now To Get Early-Bird Notification When The QuantumConfidence With The Morry Method System Becomes Available](#)**

To your success!

Song Chengxiang

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